



*Bethany Klug, DO*

Restoring Health with Holistic Medicine

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## **CURRICULUM VITAE**

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### **BOARD CERTIFICATION**

<b>American Osteopathic Board of Neuromuscular Medicine</b>	<b>2005</b>
<b>American Board of Family Practice</b>	<b>2002 - 2009</b>

### **EDUCATION**

<b>University of Missouri--Kansas City Family Medicine Residency Program</b>	<b>1999 to 2002</b>
<b>University of Health Sciences College of Osteopathic Medicine, Kansas City, MO</b> Doctor of Osteopathic Medicine, Magna Cum Laude	<b>1999</b>
<b>Rockhurst College, Kansas City, MO</b> M.B.A. in Finance	<b>1990</b>
<b>Kansas State University, Manhattan, KS</b> B.S. in Business Administration, Accounting Major, Cum Laude	<b>1984</b>

### **ADDITIONAL TRAINING**

<b>A Biodynamic View of Osteopathy in the Cranial Field – Phases I - VIII, Pediatrics I - III</b> with James S. Jealous, DO	<b>2004 - 2012</b>
<b>American Academy of Osteopathy Convocation</b>	<b>1997, 1998, 2005, 2009 - 2011</b>
<b>Bioidentical Hormone Replacement Therapy</b> with Thierry Hertoghe, MD, American Academy of Anti-Aging Medicine and Professional Compounding Centers of America (PCCA) Course	<b>2005, 2010, 2011</b>
<b>Mastering the Thyroid</b> with Datis Kharrazian, DC	<b>2011</b>
<b>Integrative Medicine for Mental Health</b> with James Greenblatt, MD and William Shaw, PhD	<b>2010</b>
<b>A New Look at the Chronic Illness of Lyme Disease, Chronic Fatigue, Fibromyalgia and Related Disorders</b> by Carol Ann Ryser, MD et al.	<b>2007, 2008, 2010</b>
<b>Nutritional Therapy in Medical Practice</b> by Alan Gaby, MD and Jonathan Wright, MD	<b>March 2007</b>
<b>Restorative Medicine Conference</b> by Denis Wilson, MD et al.	<b>October 2007</b>
<b>SCTF Intermediate Course in Pediatrics</b>	<b>October 2004</b>
<b>International and American Association of Clinical Nutritionists Annual Symposium</b>	<b>August 2004</b>
<b>The Development of Vision and Learning</b> by Albert Sutton, OD and Samuel Berne, O.D.	<b>July 2004</b>

<b>The Diagnosis and Treatment of Chemical Toxicity and Sensitivity Basic Course</b> by the American Academy of Environmental Medicine	<b>April 2004</b>
<b>The Integral Nature of Vision and Learning</b> by Beth Bazin, O.D.	<b>October 2003</b>
<b>Cranial Academy Annual Conference</b>	<b>June 2003</b>
<b>Academy of Bio-Energetics</b> Three semester course in Electro-dermal Skin Testing with case studies and field work	<b>2002 - 2003</b>
<b>Fulford's Percussion Technique- A Basic Course</b>	<b>April 2002</b>
<b>Comprehensive Osteopathic Manipulation Technique of William Brooks, D.O.</b> Elective Rotations, UAAO Training Course and Personal Mentorship	<b>1996 – 2002</b>
<b>Osteopathic Center for Children – San Diego, CA</b> Elective Rotation in Pediatric OMT with Mary Anne Morelli, D.O.	<b>November 2001</b>
<b>Osteopathic Manipulation Residency – St. Barnabas Hospital, Bronx, NY</b> Elective Rotations with Hugh Ettlinger, D.O.	<b>September 2001</b> <b>March 1998</b>
<b>Palpation and the Tradition</b> by Phillipe Druelle, at the Osteopathic Center for Children – San Diego, CA	<b>January 1999</b>
<b>Basic Course in Osteopathy in the Cranial Field</b> Sponsored by The Cranial Academy	<b>February 2001</b> <b>February 1998</b>
<b>Guest Lecture Demonstrations</b> by Viola Frymann, D.O., Bob Ward, D.O., Bill Brooks, D.O., and Elaine Wallace, D.O., Sponsored by the Undergraduate American Academy of Osteopathy	<b>1996 - 1999</b>

#### **PUBLICATIONS**

<b>Evolving Magazine</b> Monthly column “Food First” linking food to personal, community and planetary health.	<b>March 2009 - Present</b>
<b>The Kansas City Wellness Magazine</b> Ongoing series “The Doctor Cooks” links nutrition concepts with kitchen know-how.	<b>August 2004 – December 2008</b>

#### **AWARDS AND HONORS**

<b>Magna Cum Laude Graduate, University of Health Sciences College of Osteopathic Medicine</b>	<b>1999</b>
<b>Henry Holloway, D.O. Award</b> Presented in recognition of the graduating student who best exemplifies the principles and practices of osteopathic medicine.	<b>1999</b>
<b>Janet H. Glasgow Memorial Achievement Citations</b> Presented in recognition of those female students who graduate in the top ten percent of their class.	<b>1999</b>
<b>Psi Sigma Alpha National Honorary Osteopathic Fraternity</b> Members are among the top 15% of their class academically.	<b>Inducted 1997</b>
<b>Sigma Sigma Phi National Honorary Osteopathic Fraternity</b> Members are among the top 30% of their class academically and demonstrate school and community service. One of seven members inducted after their first year of medical school.	<b>Inducted 1996</b>
<b>Cum Laude Graduate, Kansas State University</b>	<b>1984</b>

#### **PROFESSIONAL AFFILIATIONS AND OFFICES HELD**

**American Academy of Osteopathy**, Current Member  
**The Cranial Academy**, Current Member

**Institute for Function Medicine**, Current Member  
**Truman Medical Center Lakewood Ethics Committee**, Resident Representative, 2000 – 2002  
**American College of Osteopathic Family Physicians (ACOF)**, Treasurer, 1995 - 1996, Vice President for Clinical Programming 1996 - 1997

#### **COMMUNITY AND PROFESSIONAL SERVICE ACTIVITIES**

**Student and Resident Preceptor** 2003 - 2007  
Kansas City University of Medicine and Biosciences and UMKC Family and Community Medicine Residency

**Community of Mindful Living—Heartland Sangha, Elder** 1996 - 2011  
Teach mindfulness and meditation practices of Thich Nhat Hanh weekly and sponsor mindfulness meditation retreats; Group featured in the Kansas City Star.

**House of Menuha, Program Leader and Volunteer Hostess** 1994 - present  
Facilitated “Soul Food: Eating as a Spiritual Practice”, a program that examines the relationship between food, mind, body and spirit, and other programs. Program featured the Kansas City Star. Currently lead programs related to meditation and healing.

#### **EMPLOYMENT**

Bethany Klug DO—Restoring Health with Holistic Medicine	2003 - present
DST Systems, Inc., Staff Consultant	1986 - 1994
Ernst and Whinney, Information Systems Consultant	1984 - 1986

#### **LEISURE**

Meditation, Vegetarian Cooking, Knitting, Hathayoga, Hiking, and Gardening.

**A COMPLETE LIST OF ACTIVITIES, HONORS AND PROFESSIONAL AFFILIATIONS PRIOR TO 1994 WILL BE FURNISHED UPON REQUEST.**